\*\*Roxbury JR Gaels Football\*\*

Top Ten Reasons to Play Youth football

**2 – Leadership**

Out of every football team will rise leaders. Those gifted with the ability to exhort, motivate and inspire often shine in the context of football.

**3 – Sensory Cultivation**

Successful football players pay attention, not only to the play at hand but also to their surroundings.

**5 – Friendship**

Sharing in victories, defeats, sufferings, discipline and learning invariably forges bonds.

**6 – Discipline**

Instilled through repetition, the coach’s leadership and positive peer pressure.

**4 – Analytical Ability**

Football improves analytical ability by forcing players to understand strategy and spatial arrangements.

**7 – Respect**

The mental and physical toughness required by players gains the respect of their communities.

**10 – Fitness**

Physical strength, endurance, agility, speed and flexibility are all enhanced from participation on a football team.

**8 - Humility**

Despite talent, drive and instinct, even the best players get frustrated. There is nothing like defeat to winnow out the ego

**9 – Teamwork**

Achieved when they players work together smoothly and efficiently. They can utilize this skill it in their academic and professional lives.

And the Number 1 reason to play youth Football…

For the LOVE of the game!

Football Registration is Open

New Turf Field, New Uniforms, New Look…

Same ROXBURY Pride and Tradition!

Come join in all the excitement this sport has to offer!

[www.roxburyjrgaelsfootball.net](http://www.roxburyjrgaelsfootball.net)

www.roxburynj.us/Recreation